

York's Dead Good Festival

A Festival
for the
Living

14th-20th
May 2018



Dying
Matters

Let's talk
about it

York's Dead Good Festival

We recognise that, as a society, we're not particularly good at talking about dying, death and bereavement. This festival will help people express themselves in different ways, whilst giving advice and support on a number of practical matters. Our festival is part of a network of events across the UK for Dying Matters Awareness Week.

Please note, events are free to attend unless stated. For further information please visit www.stleonardshospice.org.uk or contact the individual speakers.

MONDAY, 14TH MAY

YORK CREMATORIUM

TOUR

TIME 4pm
VENUE York Crematorium, Bishopthorpe Rd, York YO23 2QD
BOOK Booking required
Email: theresa.barrett@stleonardshospice.nhs.uk
01904 777 777

A guided tour for members of the public to visit the crematorium facilities and the memorial gardens and view the different types of memorials available at present. Staff will be available to answer any questions visitors may have and also describe the cremation process.

TUESDAY, 15TH MAY

GHOST WALK

WALK

TIME 7.20pm ready for a 7.30pm start
VENUE In front of York Explore Library, Museum Street
BOOK Booking required
Email: info@yorktour.com

York is renowned for its ghosts... come on a 90 minute evening tour of the city and learn about some well-known, and other more obscure, ghosts! Maximum of 20 people. £4 per person.

THURSDAY, 17TH MAY

MAKE A WILL WEEK

INFO HUB

TIME 10am - 4pm
VENUE Parliament Street, York City Centre
BOOK INFO No booking required
sue.edwards@stleonardshospice.nhs.uk
01904 777 777

Come and meet the Hospice Team in Parliament Street together with solicitors from across the region who are providing Will writing services for free in return for a donation to the Hospice.

DEAD GOOD FESTIVAL

INFO HUB

TIME 10am - 4pm
VENUE The Spurriergate Centre, St Michael's Church, Spurriergate, York YO1 9QR
BOOK INFO No booking required
theresa.barrett@stleonardshospice.nhs.uk
01904 777 777



Come and meet the Festival Team to discuss a range of topics from advanced care planning, writing your Will, bereavement advice and how would you like to be remembered, to what music you would like at your funeral.

DEALING WITH DEATH IN PRISON

WORKSHOP

TIME 6.30pm - 7.30pm
VENUE Seminar Room,
St Leonard's Hospice,
185 Tadcaster Road,
York YO24 1GL
BOOK INFO No booking required
carol.robinson@york.ac.uk

More prisoners than ever are dying of natural causes in prison. Is a good death possible behind bars? Find out more in this workshop about dying in prison and its effects.

THE SECRETS OF A SUCCESSFUL POSTHUMOUS CELEBRITY CAREER

TALK

TIME 7.30pm - 8.30pm
VENUE Seminar Room,
St Leonard's Hospice,
185 Tadcaster Road,
York YO24 1GL
BOOK INFO No booking required
ruth.penfold-mounce@york.ac.uk

This workshop will explore the growing number of dead celebrity posthumous careers through the Forbes Dead Rich List and will consider how gender inequality extends even into death.

FRIDAY, 18TH MAY

PLAYBACK THEATRE ON LOSS

PERFORMANCE

TIME 6.30pm - 8pm
VENUE Temple Hall, York St John University,
Lord Mayor's Walk, York YO31 7EX
BOOK INFO No booking required
nextdoorbutone@outlook.com

Next Door But One, in association with Playback Theatre York, bring an evening of performance and stories of life, death and everything in between. Playback Theatre is a form of improvised theatre in which the stories come from the audience and are spontaneously performed by a team of experienced actors. We have the stage and the actors... all we need now is an audience with stories to share with us.

SATURDAY, 19TH MAY

GOOD GRIEF CAFE

DISCUSSION

TIME 10am - 11am
VENUE Small Room, Briar House Resources,
14 Merchants Place, Merchantgate,
York YO1 9TU
BOOK INFO No booking required
nextdoorbutone@outlook.com

Grief, bereavement and loss are extremely hard to talk about... but they shouldn't be! Come together with professional artists and storytellers over cake and a cuppa to tell stories, share memories and find creative ways of expressing what has happened and who you are, through the arts. This workshop is run by Next Door But One. All we ask is for you to bring an object that has a story attached to it (a photo, a song, a piece of jewellery, anything) and we will bring the cake!

WAYS TO MAKE FUNERALS MORE PERSONAL AND MEANINGFUL

WORKSHOP

TIME 10am - 11am

VENUE Big Room, Briar House,
14 Merchants Place,
Merchantgate, York YO1 9TU

BOOK INFO No booking required
www.humanist.org.uk/juliekay
07889 573217

julie.kay@
humanistceremonies.org.uk

A friendly and informative workshop lead by Julie Kay, funeral celebrant, accredited by Humanists UK.

How will you celebrate the lives of your loved ones and how would you like to be remembered? Thinking ahead is helpful for all involved. Where will your funeral and life celebration be held? What music, songs, readings, stories, jokes, pictures, entertainment, gifts, food, drink etc. will be included? Through supportive discussion and sharing ideas, we'll start to create a plan which you can take away with you to develop and add to on your own and with those closest to you.

PREPARING A CHILD FOR LOSS AND SUPPORTING THEM

THROUGH BEREAVEMENT DISCUSSION

TIME 11am - 12 noon

VENUE Small Room, Briar House Resources,
14 Merchants Place,
Merchantgate, York YO1 9TU

BOOK INFO No booking required
jenny.latchford@
stleonardshospice.nhs.uk
01904 777 777

Grief is normal, natural and necessary – especially for children. Making time to work

creatively and therapeutically with them and their parents/carers is an important part of working with grief and loss. This can help children to explore and live with their grief and can also give them opportunities to ask questions. In this session, discover some stories, approaches and resources that have helped shape our bereavement support work at St Leonard's.

CONTINUING BONDS AND THE ANCIENT DEAD

TALK

TIME 11am - 12 noon

VENUE Big Room, Briar House Resources,
14 Merchants Place,
Merchantgate, York YO1 9TU

BOOK INFO No booking required
Lindsey Büster, Karina Croucher,
Laura Green, Jennifer Dayes
and Christina Faulf

In the modern western world, long-term and life-limiting illness can be diagnosed earlier and treated more comprehensively than ever before. Prolonging life is the primary objective, with (inevitable) death viewed as medical failure. After death, bodies are sanitised – the physical (and social) processes associated with dealing with the dead outsourced to strangers. This was not an option in the prehistoric past. In a world where life was fragile and death close-at-hand, death was dealt with in ways which now seem alien to us. Retaining continuing bonds with the biologically, but not socially, dead is a recurring theme in many of the funerary rites of the past – and yet only in recent decades have we challenged the modern assumption that 'getting over grief' is the best solution for everyone. The modern world is certainly very different from that of the past, and we face our own unique challenges in dealing with death – not least in the problematic nature of static memorials in a highly mobile, global society. Many 21st

century practices echo those of the people that we study – and it is new technologies in particular which are helping us to keep our loved ones close. This presentation draws on current research by the AHRC-funded Continuing Bonds Project, which is using archaeology to challenge and inform contemporary palliative care and beyond.

PREPARING FOR THE FUTURE AND MAKING YOUR WISHES KNOWN

DISCUSSION

TIME 1pm - 2pm
VENUE Small Room, Briar House Resources, 14 Merchants Place, Merchantgate, York YO1 9TU
BOOK INFO No booking required
jenny.latchford@stleonardshospice.nhs.uk
01904 708 553

It's important for everyone to talk about end-of-life wishes, as dying is the one thing we have in common, and it would be foolish to leave it to different minded people to decide how you want to be treated when you can no longer influence the outcome.

IDEAL LIVING

TALK

TIME 2pm - 3pm
VENUE Small Room, Briar House Resources, 14 Merchants Place, Merchantgate, York YO1 9TU
BOOK INFO No booking required
Anne Wyn-Jones · 07885 729759
hello@idealliving.co.uk

Are you moving home and need help to sort and pack your belongings? Has a relative passed away and you have to deal with their belongings, yet have family and other commitments? Find out how Ideal Living can help you take the strain out of organising possessions and paperwork.

FUNERAL PLANNING INFORMATION

TALK

TIME 3pm - 4pm
VENUE Small Room, Briar House Resources, 14 Merchants Place, Merchantgate, York YO1 9TU
BOOK INFO No booking required
Chris Dudzinska
07824 639244
enquiries@lastwishesfunerals.co.uk

Come and join this informal, not-at-all-morbid session to find out about the many choices for funerals, of which most people are unaware. Discover how funerals can be more meaningful and, at the same time, not cost the earth.

SUNDAY, 20TH MAY

KEEPSAKE ART

WORKSHOP

TIME 10.30am - 3.30pm
VENUE Small Room, Briar House Resources, 14 Merchants Place, Merchantgate, York YO1 9TU
BOOK Booking required
Email: sarah@winifredtaylor.co.uk

Do you have old items of fabric and memorabilia such as photos and letters? Do they stay hidden in a drawer? Spend a relaxing day creating a piece of art to celebrate significant moments or people in your life. Tea/coffee and cake included. Maximum of 8 people. £35 per person.

SOUL MIDWIVES

TALK

TIME 11am - 12noon
VENUE Big Room, Briar House Resources, 14 Merchants Place, Merchantgate, York YO1 9TU
BOOK No booking required

INFO Sylvia Wagner-Bottomer
07999 880163
sylvia@feelgood-gowell.co.uk

Women companions to the dying. We will explore the practical side of soul midwifery accompanying a friend on a safe journey home, as well as looking at how this sacred work is done here and in other cultures, both now and in the past.

A GARDEN CEMETERY TOUR

TIME 11.30am
VENUE York Cemetery, 30 Cemetery Road, York YO10 5AJ
BOOK INFO No booking required
yorkcemeteryvolunteers@gmail.com

A talk about the history of York Cemetery followed by a walk around some of the gardens pointing out plants and trees. Donation of £3 per person which includes tea/coffee and biscuit at the finish.

DEAD GOOD CAKE'N'CHAT DISCUSSION

TIME 1pm - 2pm
VENUE Big Room, Briar House Resources, 14 Merchants Place, Merchantgate, York YO1 9TU
BOOK INFO No booking required
Chris Dudzinska · 07824 639244
enquiries@lastwishesfunerals.co.uk

People are beginning to talk openly about death and dying, and this is a chance to gain information and dispel long-held myths and taboos. This is the perfect opportunity for people to meet up to have a chat whilst becoming informed – and enjoying tea and cake! Thinking about the inevitable in advance ensures good preparation for us and our families, and better choices

to suit our individual needs. This is not a bereavement group, but a chance to speak freely about any aspects of death or dying whether good or not quite so good.

PLANNING AHEAD: ADVANCE DECISIONS AND LASTING POWER OF ATTORNEY

TALK

TIME 2pm - 3.30pm
VENUE Big Room, Briar House Resources, 14 Merchants Place, Merchantgate, York YO1 9TU
BOOK INFO No booking required
Professor Celia Kitzinger
Professor Sue Wilkinson
Advance Decisions Assistance
adassistance.org.uk
07872 472740 · @kitzingercelia

If you need to make decisions about your healthcare, understanding your rights and planning in advance can give you peace of mind. We will explain how to make your wishes known, how to create a (legally binding) document refusing life-prolonging treatments you don't want, and how to appoint someone you trust to make decisions for you when you are unable. You will also be able to make an appointment for a one-to-one follow up session to support you in making an Advance Decision. (No charge, but we are a charity and donations are welcome).

SUPPORTED BY



St Leonard's Hospice
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